

BREAKFAST

SANDWICHES

AVO SMASH ON SOURDOUGH BREAD

TAHINI | CHILI FLAKES |
LINSEEDS | WILD HERBS (VG)

MUSHROOMS & TRUFFLE ON SOURDOUGH BREAD

TAMARI MUSHROOMS | CASHEW
CREAM | OLIVE TRUFFLE OIL |
1/2 AVOCADO | WILD HERBS |
SUNFLOWER SEEDS | FRESHLY
GROUND PEPPER (VG)

CREAMY BURRATA ON SOURDOUGH BREAD

PISTACHIO BUTTER | COOKED
CHERRY TOMATOES | WILD
HERBS | PISTACHIO CRUMBLE
| LEMON ZEST

FETA & ANTIPASTI ON SOURDOUGH BREAD

HOMEMADE FETA SPREAD |
ANTIPASTI VEGGIES | PUMPKIN
SEED CRUMBLE | LEMON SALT |
GREENS

BREAKFAST PODS

MINI BREAKFAST OVERNIGHT PODS - ALL VEGAN

VANILLA OVERNIGHT OATS WITH 3
DIFFERENT TOPPINGS

BIRCHER MUESLI WITH 3
DIFFERENT TOPPINGS

PEANUT COCOA OATS WITH 3
DIFFERENT TOPPINGS

YOGURT MINI BREAKFAST PODS

COCONUT YOGURT WITH HOMEMADE
BERRY COMPOTE (SUGAR-FREE) &
GLUTEN-FREE BANANA BREAD
GRANOLA (VG, GF)

SOY YOGURT TOPPED WITH FRESH
BERRIES, ALMOND BUTTER & OUR
HOMEMADE SIGNATURE GRANOLA
(VG)

SEASONAL MINI BREAKFAST PODS

MANGO & COCONUT OVERNIGHT OATS
(VG, GF)

SNICKERZ OVERNIGHT OATS (VG, GF)

TIRAMISU OVERNIGHT OATS (VG, GF)

LUNCH & SWEETS

LUNCH BOWLS

**VEGAN & GLUTEN-FREE
SELECTION OF OUR DAILY
LUNCH SALAD SELECTION.**
TOPPED WITH AVOCADO SMASH &
MIXED SEEDS

_2 SALADS & 1 WARM SIDE

_3 SALADS

WARM LUNCH - EXAMPLES

**GREEN ASPARAGUS & LEMON
RISOTTO WITH GREENS**
(VG, GF)

**POTATO GNOCCHI WITH
OYSTER MUSHROOM RAGU &
CASHEW PARM (VG, GF)**

**COCONUT LENTIL STEW
WITH COCO LIME
DRESSING, SPINACH,
QUINOA TRICOLORE &
CHILI FLAKES (VG, GF)**

**CURRY OF THE DAY WITH
TOFU, CHICKPEAS &
VEGGIES (VG, GF)**

SWEETS

CHOCOLATE CHIP COOKIES
(VG)

**GLUTEN-FREE DOUBLE
CHOCOLATE BROWNIES (VG,
GF)**

**CHOCOLATE COVERED AND
FILLED MEDJOOOL DATE (VG,
GF)**

_SNICKERZ STYLE - PEANUT
BUTTER FILLING

_BOUNTY STYLE - COCONUT
FILLING

_SALTY ALMOND BUTTER FILLING

BANANA BREAD MINI SLICES
(VG)

**GF CHEESECAKE PODS WITH
SEASONAL FRUITS &
PISTACHIO CRUMBLE (VG)**

SPECIALS UPON REQUEST

SMOOTHIES & JUICES

SMOOTHIES - REGULAR OR MINI SIZE

GREEN DETOX (GF)

KALE | SPINACH | MANGO |
AVOCADO | GINGER | LEMON |
MEDJOOOL DATE

COFFEE DATE

OAT MILK | DOUBLE ESPRESSO |
OATS | ALMOND BUTTER | MEDJOOOL
DATE

NUTS & BERRIES

OAT MILK | MIXED BERRIES |
HAZELNUT BUTTER | VANILLA |
MEDJOOOL DATE

THE GREEN

OAT MILK | SPINACH | BANANA |
VANILLA | CINNAMON | MEDJOOOL
DATE

PEANUT POWER

OAT MILK | PEANUT BUTTER |
BANANA | COCOA POWDER | HEMP
SEEDS | MEDJOOOL DATE

SHOTS & JUICES

COLD-PRESSED JUICES OF THE DAY (0.25L)

GINGER SHOT

GINGER | LEMON

GINGER TURMERIC SHOT

GINGER | LEMON | TURMERIC |
CAYENNE PEPPER

DELIVERY UP TO 10 KM - PRICE DEPENDS ON DISTANCE